



## 2019 St. Michaels Running Festival

### FAQs

<b>The Expo Bib &amp; Shirt Pick Up</b>	<p>Runners pick up their bib and shirt at the St. Michaels School Complex – <b>200 Seymour Ave.</b> <a href="#">CLICK HERE</a> for a location map. Parking is readily available at the school parking lots. Hours are:</p> <ul style="list-style-type: none"><li>○ Friday, May 17 – 3:30 p.m. to 8:30 p.m.</li><li>○ Saturday, May 18 – 5:30 p.m. to 6:45 a.m.</li></ul>
<b>Race Day Parking</b>	<p>All runners will be directed to a parking area based on available capacity by a traffic team member. Our parking team has a plan so please be friendly and follow their direction. <a href="#">CLICK HERE</a> for more information.</p>
<b>Road Closure</b>	<p>Rt. 33 at each end of town and all side streets in downtown St. Michaels will close at 7:00 a.m. and reopen at 8:00 a.m. The road will re-open at 8:00 a.m. for good – please note there will be traffic and delays until 10:30 a.m. Plan on arriving EARLY! <a href="#">CLICK HERE</a> for more details regarding areas affected by the race.</p>
<b>Start Line</b>	<p>The races (the 13.1 and the 5K) both start at the St. Michaels School Complex – <b>200 Seymour Ave.</b> <a href="#">CLICK HERE</a> for a location map</p>
<b>Finish Line</b>	<p>The races (the 13.1 and the 5K) both finish in downtown St. Michaels - located at <b>115 Fremont Ave.</b> <a href="#">Click Here</a> for map.</p>
<b>Water Stations</b>	<p>There are a total of 8 water stations (and one Power-Up Gel Station at mile 7.5) on the half marathon located at approximately 1.5 mile intervals. There is 1 water station on the 5K located at mile 1.5. <b>PORTA POTTIES</b> located at all stations</p>
<b>Porta Potties</b>	<p>Porta potties are located at the start, finish and after party. There will be a porta potty at every water station on the half marathon</p>
<b>Medical Support</b>	<p>There are numerous medical support stations, and medical professionals, at the start area, finish areas and along the half marathon and 5k routes. If someone is in need of medical support <b>DIAL 911!</b></p>
<b>After Party and Awards</b>	<p>The after party begins at 8:00am with the awards ceremony starting at 9:30am. Join us at the post-race party located next to the finish line on Fremont Street for complimentary beer (1 per participant, must be 21+ yrs.), great food, live music and much more – located at <b>115 Fremont Ave.</b> <a href="#">Click Here</a> for map.</p>
<b>Kid's Run</b>	<p>SMRF will start the 1k Kids Fun Run at 11:15 am at the finish line on Fremont Street - <b>115 Fremont Ave</b> <a href="#">Click Here</a> for location map. Sponsored by Justine's Ice Cream, this will be a great time for all youth 12 years or younger. Onsite registration will be available on Friday May 18 at the expo <b>200 Seymour Ave.</b> <a href="#">CLICK HERE</a>, and, on race day from 9am to 11am at the official race store at the Runner's Village after party – <b>115 Fremont Ave</b> <a href="#">Click Here</a>. All participants will receive a commemorative race shirt and medal!</p>



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#### Race Weekend | Schedule

#### **EXPO** - Friday – May 17th - [St. Michaels High School 200 Seymour Ave](#)

**3:30pm** OPENS – Expo, Bib/Shirt Pick-Up and Registration

**8:30pm** CLOSSES - Expo, Bib/Shirt Pick-Up and Registration

#### **START LINE** - Saturday – May 18<sup>th</sup> - [St. Michaels high School 200 Seymour Ave](#)

**5:30am** On-Site Registration and Bib/Shirt Pick-Up

**7:00am** All runners must be in the staging area

**7:05am** Opening Ceremonies and National Anthem

**7:10am** Wave 1 - Half Marathon

**7:17am** Wave 2 – Half Marathon

**7:24am** Wave 3 – Half Marathon

**7:31am** Wave 4 – Half Marathon

**7:35am** 5K Starts

#### **FINISH LINE** - Saturday – May 18<sup>th</sup> – [115 Fremont Street](#)

**8:00am** Post-Race Party (Awards, Music, Vendors and Beer)

**9:30am** Overall Winners Presented on the stage – 5K and Half Marathon

**9:30am** Overall Winners Awards Ceremony

**11:15am** 1k Kids Fun Run at the Finish Line Fremont Street

**12:00pm** Runner Village and Beer Garden Closes